



FIM Europe MAG 01/2013

Senior Activity Meeting: The second edition

After the last year success in Salsomaggiore, FIM Europe decided to continue to propose the fortunate initiative of the Motorcycling Senior Activity Meeting in Hlohovec (Slovakia), aimed to all those motorcyclists who, not anymore in young age, wish to continue their sporting activity and, in particular, motorcycling life.

Today, it is not weird knowing that an over sixty years old still uses its motorcycle on a daily basis or during holidays or that continue to participate sporadically to particular competitions dedicated to historical motorcycles.

An important objective is to guarantee the possibility to continue this passion, despite the age, while in full safety. Therefore, it is key to provide information on how to maintain good health and to understand the limits of the body.

The best opportunity to talk about this topic is to participate to a specifically designed forum that covers all main current issues related to motorcycling activity. This event is the Motorcycling Senior Activity Conference, that this year will be held in May in Hlohovec. Well-known experts in rehabilitation, sport medicine and in psychology guaranteed their participation to the event. The weekend will see also the participation of former two-wheels champions, physical trainers and many senior motorcyclists who continue to have the intention to endure their riding activity.

All interested and National motorcycling Federations are warmly invited to follow with attention this initiative and to contribute to its success by circulate the news regarding the event and the useful outcome that can come from it.

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Many Institutions are orienteering their attention towards the over-60 years old population. Starting from the consideration that not only life expectancy is increasing, but also and mostly that the average age of an active life is becoming longer, still free from any kind of disability. FIM Europe has decided to address particular attention to this age bracket, trying to supply all possible indications to remain active and, in particular, to make our over 60 riders able to enjoy the motorcycle activity fully, still for many years. Under this perspective, last year UEM (now FIM Europe) organised an innovative initiative addressed to the specific target of bikers of over-60 years old.

The concept leading to the organisation of the 1st European Motorcycling Senior Activity Meeting was simple: to foresee an annual meeting with the over 60 European bikers (but not only) to make tourism and to spend time together, sharing the passion for the vintage bikes. But the main target has been and will be that of finding a moment to meet and to inform about what the science can put at disposal of whom wish "to close the bike in the garage" as late than possible (to hang up the bike seems more difficult). In fact in the programme of the Meeting it is foreseen also a Conference having as subtitle "Extending the riding age". This Conference gathers the lectures of Experts of the Sector, relating to the various branches of



Tour in the outskirts of Salsomaggiore



Participants to the first Senior Activity in the city centre of Salsomaggiore

the Science (Physicians with different specialisations, Psychologists, Trainers, etc.), coming from all Europe, who can candidate themselves each year and to bring a report on specific themes. This can represent an incentive for new researches more and more specific, which can enrich the theme of the Senior Activity.

The first 2012 edition took place in Salsomaggiore Terme (Italy) and saw the participation of representatives coming from the Slovakia, among them the Major of the Town of Hlohovec, Mr. Peter Dvoran, and Mr. Peter

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FIM Europe delegation visiting Hlohovec Mayor

Baláž. The enthusiasm and satisfaction for having participated to the 1st European Motorcycling Senior Activity Meeting, jointly with the desire to celebrate the 20th anniversary of the creation of SMF and the 900th anniversary of the first written mention of town Hlohovec, brought the candidature of the city for the organisation of the second edition.

The candidature was accepted and the 2nd European Motorcycling Senior Activity Meeting is going to take place in Hlohovec (Slovakia) from the 24th to the 26th May 2013, including in the programme the 2nd "Extending the riding age" Conference.

This two-day event is promising different interesting activities for its participants. The registration of the participants will be on Friday with most of the activities planned for Saturday.

The exhibition of historical motorcycles, cars and American military technology will take place from 10am directly in the city centre. The organizers are expecting moto-tourists from different European Countries for whom is awaiting a Tour from Hlohovec to Piešťany with a stop at a Historical Car Museum Horňák, followed by a ride to castle Beckov and to Town Nové Mesto nad Váhom with a historical military technology US ARMY show at the company Simeon and then back to Hlohovec.

For the motorcycle fans there will be a parade of

historical motorcycles through the town. At this event, well-known figures like World Champion Pier Paolo Bianchi, the motorcycle collector Giuseppe Sandroni from Tavullie, Julius Ilmberger from Germany, Slovak František Kročka, Antonín Kružík, Rudolf Mitošinka and many others should be present.

For the participants there will be a gala dinner with a prize giving ceremony for Slovak motorcycling legends. The host of the evening will be Mr. Peter Dvoran; FIM Europe will be represented by Mr. Vincenzo Mazzi (President), Mr. Alessandro Sambuco (Secretary General) and Mr. Luigi Favarato (Vice-President), José Artur Campos Costa (chairman of the Vintage



Peter Balaz riding an old Jawa bike

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FIM Europe Vice-President, Luigi Favarato, and FIM Europe Secretary, Alessandro Sambuco visiting the historical museum of Hlohovec

Commission); The Slovak Motorcycling Federation will be represented by Mr. Peter Smižik (President) and Ms. Tatiana Kašlíková (Secretary General); Mr. Peter Baláž will represent the organizing club Classic Club Hlohovec.

The participation is open both to the holders of vintage bikes, both to tourists with modern touring bikes.

A conference "Extending the riding age" will take place on Sunday.

Specialists from medical, police and army field will be present too.

In the Conference there will be dealt topics particularly relevant, in order to offer to the over 60 riders the opportunity to carry on also many further years of activity, in the best possible conditions.

With this aim, reports by professionals and experts of the sector will be foreseen, on the following themes:

- disease prevention and management
- health care promotion
- food and fitness
- mental health

On the FIM Europe website, to the link: www.uem-moto.eu/index.php/social/education/senior-activities are already available the information

PROGRAMME

Friday 24.5.2013

Arrival of participants – registration – Hotel Jeleň - Hlohovec

Saturday 25.5.2013

*09:30 Opening ceremony
10:00 Parade and exhibition of historical motorcycles
11:00 Departure of motorcycles on route:
Hlohovec – Moravany nad Váhom (Museum Horňák),
Beckov (castle) – Nové
Mesto nad Váhom (Simeon – American military vehicles –
Old Duty Track),
Hlohovec – approximately 113 km
13:30 Lunch – Hotel Jeleň
14:00 Return of motorcycles
Historical motorcycle parade through town (3 laps) + show
19:00 Prize giving ceremony – riders, best motorcycle
20:00 Gala dinner and prize giving ceremony of
motorcycling officials*

Sunday 26.5.2013

*08:00 Breakfast
10:00 Conference
11:15 Coffee break
11:45 Specialized presentations (doctors, police, army)
13:00 Lunch
14:00 Closing of the 2nd European Motorcycling Senior
Activity Conference*

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with the Flyer, the Poster and the booking forms for the hotels listed below: choose your preferred Hotel and send immediately the reservation form to it.

Hotel Jelen

Namestie sv. Michala 1
920 01 Hlohovec
Tel. č.: +421 33 730 14 29
FAX: +421 33 730 14 70
E-mail: info@hoteljelen.sk www.hoteljelen.sk

Hotel* Stofing**

Kopernikova 49
920 01 Hlohovec
Tel., fax: +421 33 730 16 51
Mobil: +421 911 300 736, +421 903 627 265
E-mail: hotel@stofing.sk www.stofing.sk

Penzion U Janasov

Stara hora 4
SK- 920 01 Hlohovec
Tel/Fax +421 33 74 236 683
Mobil +421 905 623 033
E - mail: reservation@janas.sk www.janas.sk

Penzion Pompano

Hlohova 15
SK-920 01 Hlohovec
Tel +421 33 73 200 26
Mobil +421 0911 933 777
www.penzionpompano.sk
Reservation online:
<http://www.penzionpompano.sk/en/reservation.html>



FIM Europe Vice-President Luigi Favarato together with the SMF President Peter Smežik

