



Press Release

FIM Europe MXGP Academy in Russia



In preparation of the Russian round of the Motocross World Championship MXGP in Russia from 29 to 31 March the international training and sports seminar "FIM Europe MX Academy" was held at Orlyonok, for instructors (coaches) and athletes. The seminar was attended by specialists from different regions of Russia, ready to learn from the world experience in the organization of the training process, to be trained and receive an official certificate.

Among them, there were 36 coaches and 26 riders, and the youngest of them was only eight years old.

On the first day of the seminar, the coordinator and coach of MX Academy Martin Van Genderen told the Russian specialists about the development of a new system of classification of coaches and athletes, comparing it with obtaining belts of different colors in karate.

"MX Academy will train and improve the skills of professionals and motorcycle racers", Martin Van Genderen stated. "As in the past year, such training will be conducted within the frame-





work of the Russian stage of the Motocross World Championship in Orlyonok. The new system will lead to a stronger motivation for professional development for both coaches and athletes. As if they were in a computer game, they will move from level to level, increasing their theoretical knowledge and practical skills".

The seminar began with theoretical training, but the next day its participants went to the track, for practical experience.

At the end of the theoretical training, Martin Van Genderen together with the President of the Russian Motorcycling Federation, the Director of the VDC Orlyonok Alexander Dzheus awarded the participants with certificates of conformity of coaching MX Academy.

"We have to raise the athlete discretely - step by step to teach him to be not just a good motocross men, but to be able to control their physical training, eat right, interact with sponsors, to have a good relationships with team and mechanics", commented the President of the Russian Motorcycle Federation Alexander Dzheus. "MX Academy teaches these simple truths. We are also planning to hold a large seminar for mechanics, because now the level of our athletes is quite high, the technique is complex, and in Russia, unfortunately, there are few trained specialists, which also hinders the development of motocross. Motorcycles have difficult settings that depend on the type of track, weather, weight of the rider, features of ride. Motocross is a very complex and synthetic sport, which requires that professionals are trained in the necessary competencies. We are solving these problems now".

The President of Russian Motorcycle Federation Alexander Dzheus is a motorcyclist and has a MX bike. To judge what was taught to the riders during the Academy, he asked the MX-Trainer Jan Postema to give him some instructions in a short training while he was riding his Motocross motorcycle.



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The organizers of the seminar FIM Europe MX Academy were the Motorcycle Federation of Russia, VDC Orlyonok and the Yakhnich Motorsport Team.

“Since last Thursday, 36 Federation trainers have been certified with MX-A and B certificate as trainers”, Martin van Genderen added. “These trainers, all over Russia, can start working with their certification system, so that at their turn they can certify MX riders on the local tracks of the motorcycle clubs they are connected with. With this we increase the FIM Europe MX GP Academy database of trainers - we’ve passed the number of 123 trainers - up to this moment - who can work with this system, in over 14 countries.

“We also were happy that the President of the Russian Motorcycle Federation Alexander Dzheus visited the seminar and motor training and was willing to hand out the trainer and riders certifications at the spot. Children and trainers were really surprised with this visit and action. Vice President of the Russian Motorsport Federation Nikita Tepper also attended the event and with him and Russian Federation member Evgeny Parshin, we had a few open discussions on how we can improve the cooperation in the future in a constructive way”.

“The goal was to work from scratch and we like to learn teach riders to ‘enjoy’ training and not to see it as a race”, stated MX-Trainer Jan Postema. “What we saw at the beginning of the first training was that young riders want to show us ‘how good’ they already are. We appreciate it of course, but we were here for a basic training to start with and to shift to higher level when things are properly learnt. Riders understood it so they enjoyed the training as. We saw many smiles on their faces, which was the most important thing after teaching new skills”.

“The MX Academy team organized in close cooperation with the Russian Federation a perfect training for young riders and trainers as preparation to many activities and to the Russian MXGP”, stated Martin de Graaff, FIM Europe First Deputy President. “In the long range of Countries and Federations Russia is now added to the list. FIM Europe thanks the Russian Federation for this initiative and for the invitation to this important activity”.

The Russian round of the Motocross World Championship will be held on April 30th and May 1st on the track of the sports and technical complex VDC "Orlyonok" (Krasnodar region, Tuapse district).



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The guests of MXGP of Russia 2018 will have an unforgettable weekend in which they will see 8 exciting races: MXGP and MX2 in the World Championship, as well as EMX250 and EMX300 in the European Championship.

Real fans will have the opportunity to visit the paddock and see how the World class machinery is preparing for the competitions, and also to snatch an autograph from the stars of the World and Russian motocross and take a picture with them. And in the entertaining MXGP Village there always will be the chance to have a snack and buy souvenirs.

Ticket sales for MXGP of Russia are already opened. The official website of the MXGP of Russia: www.mxgprussia.ru



The actual issue of FIM Europe MAG is online and can be downloaded [here](#).

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About FIM Europe (www.fim-europe.com) - The FIM Europe (in the past UEM, Union Européenne de Motocyclisme) includes 47 National Federations (FMNs) and 6 Regional Motorcycling Associations and is a European organization acting within its attributions in all matters in relation with motorcycling activities and, as such, in domains ranging from sport, tourism, leisure, environment, mobility, road safety, legislative affairs, protection and defence of the rights and interests of motorcycle users. As far as motorcycle sport is concerned, the FIM Europe is the supreme and sole European authority empowered by the FIM to control European motorcycling sport activities organized under its jurisdiction throughout Europe. The aims of FIM Europe are to develop and promote all forms of motorcycling in Europe as well as the co-operation and friendship between its members, and notably: to examine all questions related to the development of motorcycling in Europe; to organize European Championships and to establish all competitions that appear beneficial subject to the prior approval of the FIM; to co-operate with the FIM in all matters relating to the organization of international events and motorcycling in general; to organize camps and seminars for riders, officials, coaches and administrators of various European FMNs; to support the creation and development of motorcycling activities in all European countries; to promote the co-operation among all European FMNs; to promote motorcycling among young people, both as sport and motorcycling in general; to encourage the use of motorcycles in European countries and to develop motorcycle tourism; to represent the interests of motorcyclists before European authorities; to promote in the media the sport of motorcycling and the use of motorcycles in all of Europe.

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