

# UEM MAG 02/2012

## New Opportunities for Senior Motorcyclists



*The second issue of this year UEM MAG analyzes an extremely actual theme: the possibility to extend the motorcycling age.*

*Until some years ago reaching a good efficiency after 60 years was an extremely challenging task for most of motorcyclists. Nowadays, thanks to progresses in science and the different lifestyle, it is possible for a large number of riders over this age limit to continue practicing their favorite activity.*

*Increased life expectancy in the Western world and giant steps in improving psychical and physical efficiency of the so called "third age" people allow also people with grey hair to participate to different activities and to keep in shape with a healthy sporting practice, also on a motorbike.*

*Therefore, UEM idea to create an event in Salsomaggiore Terme for experts and riders over 60 years old, seems to be extremely interesting and it will surely boost attention to this topic.*

The idea to do something for the many aging motorcyclists came last year in Budapest, during the "European Sport Forum", promoted by the European Union. The event was attended by UEM General Secretary, Mr Alessandro Sambuco, representing UEM.

Among the many interventions about the projects by the different Working Groups (which are composed by delegates of the different European Union members), the presentation on sporting activities of over 60 Europeans was particularly interesting for its actuality and because it showed a target in continuous and steady growth.

The main problem was how to interface with them and what to do to extend their active age for regular physical, intellectual and social activities.

It is underestimated the number of those, who, despite being over sixties years old, continue to practice with success sporting activities, like riding a motorcycle, also if not anymore at a competitive level, but more likely involved in touring or with vintage bikes.

Their desire to continue to ride a motorcycle can bring some risks mainly due to clinical pathologies, to the reduction of visual capacity, to the reduced equilibrium management and to the increased time of reaction in dangerous situations.

Beside these problems, it should be taken into consideration also the risks arising from a reduction of the bones structure, which could amplify the damage in case of falling down or of a road accident.

### The Event

UEM believes to be a recommendable activity to analyze these important aspects during a special meeting among experts and motorcyclists. It organized therefore the 1st European Motorcycling Senior Activity Conference "Extending the Riding Age" in Salsomaggiore Terme (Parma-Italy) on the 19th and 20th of May, in collaboration with FMI, with the Regional Committee of Emilia Romagna, with the Salsomaggiore Moto Club. FIM recognized the validity of the initiative and provided its



Alessandro Sambuco and UEM Vice-President Martin de Graaff

patronage.

With this initiative it will be allowed to many not-so-young European motorcyclists to learn everything that is necessary to reduce the risks on the road and to extend the active age on a motorcycle.

Alessandro Sambuco, the soul together with the

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The promoters of the initiative

UEM Vice-President Martin de Graaff, of this recommendable initiative, is extremely clear on this matter: *"The European population is getting older: the average age is increasing as well as the life expectancy and also the years of "active life" are growing. An always higher percentage of people can easily expect to remain free from any kind of disability for many years over the 60. Right to these active people, the UEM wish to address its attention, in order to give to the European riders a precious information, in order to help them to enjoy of their two-wheels passion still for many years"*.

This is the main aim of the 1st European Motorcycling Senior Activity Meeting, addressed to the owners of vintage bikes and to motorcyclists near to 60 years.

The event program includes:

*Friday 18th May 2012*

Arrival of the participants, registration and accommodation in hotel

*Saturday 19th May 2012*

09:30 Opening ceremony  
10:00 Parade of the representatives of the European Nations  
11:00 Parade of the vintage bikes  
12:00 Start of the "Tour of the hills of Salsomaggiore" (Group of Vintage Bikes and Tourist Group)  
13:30 Lunch organized by the City of Salsomaggiore  
16:00 Opening of the exhibition of the Vintage bikes, with afternoon free for thermal treatments

*Sunday 20th May 2012*

10:00 1st European Motorcycling Senior Activity Conference "extending the riding age"  
11:30 Coffee break  
14:00 Buffet Lunch at the Conference Centre  
15:30 Closing ceremony and handover of the participation diplomas

### **The Conference**

The meeting includes not only parades,

exhibitions of vintage bikes, tourist tours, gourmet conventions and thermal cares, but it will host also an important Conference.

On the morning of Sunday 20th May, in the splendid Moresque stateroom of the Congress Palace of Salsomaggiore Terme, it will be held the Conference "Extending the Riding Age".

Expected presentations from renowned professionals and experts will cover the following themes:

- prevention and handling of the diseases
- promotion of the health care
- nutrition and wellness
- mental efficiency

The Conference program includes the participation of qualified presenters:

#### OPENING

10:00 Vincenzo MAZZI (UEM President)  
*Welcome*

10:10 Giovanni CARANCINI (Major of Salsomaggiore Terme) *Welcome*

10:20 Umberto Lupo BARRAL (Town Councilor with responsibility for Sport) *Welcome*

10:30 Martin de GRAAFF (UEM Vice-President)  
*The UEM Touring Activity*

10:40 José CAMPOS COSTA (Chairman UEM Vintage Commision) *The UEM Vintage Activity*

#### LECTURES

10:50 Alessandro SAMBUCO (UEM Secretary General) *The motorcycling senior activity in Europe: how to extend the riding age*

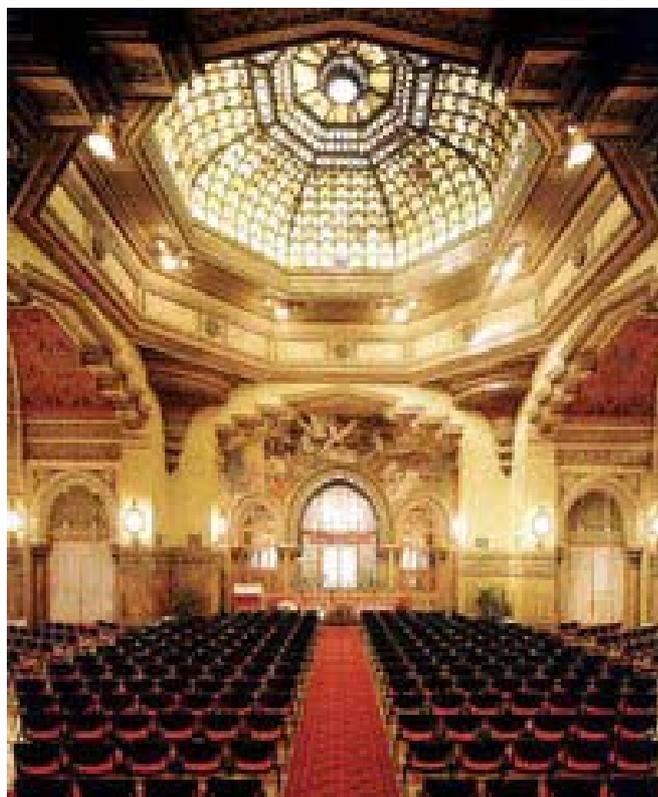
11:10 Oreste MORESCHINI (Orthopedist)  
*The role of the orthopedic surgery*

11:30 Coffee break

12:00 Giovanni DI DONATO (Cardiologist-Specialist in Sport Medicine) *Cardiac disorders and Senior Activity Motorcycling: recommendations for proper management*

12:20 Cees WILDERVANCK (Psychologist - Expert in Traffic Psychology) *Senior Motorcyclists - risks and reassurance*

12.40 Roberto CURCURUTO (Specialist in Sport



The Moresque Stateroom

Medicine) *Healthy nutrition, prevention and safety*

13.00 Sofia Juana LAMBERT (Psychologist)

13.20 Giampietro RUPOLO (Anaesthetist-resuscitator and Psychiatrist)

*Osteoporosis and its prevention*

13.40 Stefano RICEVUTI (CEO R3+ S.r.l.)  
*Presentation ICE Key*

14.00 Buffet Lunch

15.30 Closing ceremony

Alessandro Sambuco again clarifies the aim of the initiative: "2012 is the year of aging and intergenerational solidarity, therefore this year was the best occasion to start such a project dedicated to senior motorcyclists. For sure, in order to have full recognition of this concept, more events like this one are needed also in other countries upon request of national federations. These initiatives should be regularly held every year as they will be useful to sum up

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Salsomaggiore Terme mayor, Mr Giovanni Carancini

*the situation and to elaborate solutions at scientific level beside representing an important get together opportunity".*

The reason behind the choice of Salsomaggiore Terme, famous thermal resort close to Parma, as the headquarter of the first edition of the European Motorcycling Senior Activity Meeting should be found behind the great passion for vintage motorcycles of the mayor Giovanni Carancini, who took the opportunity to candidate his city to host this event during a meeting on moto touring promoted some months ago by UEM.

Salsomaggiore Terme is perfect to host a large number of motorcyclists, because it is placed in a central position in the North of Italy, therefore easily reachable by those coming from the other side of the Alps. Moreover, it is a renowned tourism attraction being a well-known thermal resort famous for its curative waters.

The subscription to the vent, can be downloaded

on the web <http://www.uem-moto.eu/index.php/social/education/senior-activities>, and should be sent to the Salsomaggiore Moto Club [info@motoclub-salsomaggiore.it](mailto:info@motoclub-salsomaggiore.it), while the hotel booking should be sent as soon as possible to [adast@salsomaggioreterme.com](mailto:adast@salsomaggioreterme.com).

More information on the event programme could be requested to the UEM Secretariat [office@uem-moto.eu](mailto:office@uem-moto.eu)

For the bikes it is foreseen a fenced open area, with armed security service from 20.00 to 08.00 of the two nights of Friday 18th and Saturday 19th May.



Salsomaggiore Thermal Palace