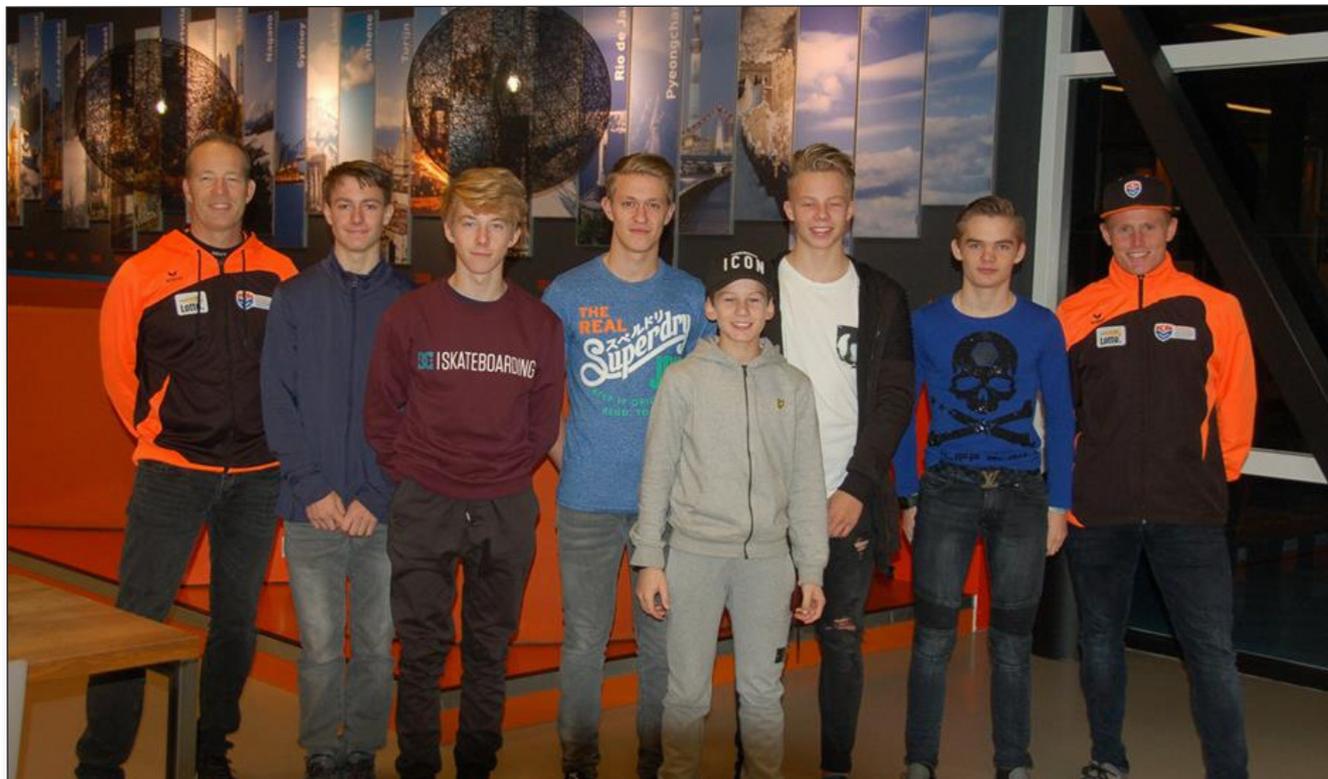


## MXGP Rookies at Papendal (The Netherlands)



*From the left, Marcel Hartman (coach), Marnique Appelt, Wannas van der Voorde, Marcel Conijn, Kay Karssemakers, Raf Meuwissen, Raivo Dankers, Herjan Brakke (assistant coach)*

This weekend the MXGP Rookies kicked off at the Olympic Sports Centre of Papendal (The Netherlands), with Marcel Hartman of the Dutch Federation (KNMV) as Federation coach and the selected riders. These riders from The Netherlands, Belgium and Germany have been selected for this first “Pilot”. Dutch rider Kay Karssemakers will follow a part of this program but is not internal at Papendal because of his age.

Program: all selected riders will get a program in a system of a boarding school for a period of 4 months at Papendal Sport Centrum, with the same set up as in several other sports like Judo, Athletics, BMX and other individual and team sports. Many athletes prepare the selection and participation for the Olympic Games this way. The program is based on two month preparation in physical aspects and after that, motor training is of course a big part of the program and will take place in Spain and the Netherlands.

Today the riders, together with the parents and other supervisors were present for the explanation and elucidation of several support systems like Polar heart Rate Monitors, Sports database and Nutrition. School and homework will be guided, everyday, by specialists and teachers at Papendal. In this way these young athletes can continue their education program of their home country.



# Press Release

The target of this program is to organize on annual base training periods in the Papendal Sports Centre for more selected young riders from all over the world. The purpose is to create more basic knowledge (of all aspects in sports) and trainings like other girls and boys and to use all possibilities of a professional training centre such as Papendal. Of course the specific preparation for motocross and motor training will be a big part of the program.



*Information about nutrition in the Papendal Sports Restaurant.*

*The actual issue of FIM Europe MAG is online and can be downloaded [here](#).*

## PRESS RELEASE

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FOR MORE INFORMATION:

Fiammetta La Guidara  
FIM Europe Press Officer  
Tel + 39 342 9231793  
fiammetta.laguidara@fim-europe.com



**About FIM Europe ([www.fim-europe.com](http://www.fim-europe.com))** - The FIM Europe (in the past UEM, Union Européenne de Motocyclisme) includes 47 National Federations (FMNs) and 6 Regional Motorcycling Associations and is a European organization acting within its attributions in all matters in relation with motorcycling activities and, as such, in domains ranging from sport, tourism, leisure, environment, mobility, road safety, legislative affairs, protection and defence of the rights and interests of motorcycle users. As far as motorcycle sport is concerned, the FIM Europe is the supreme and sole European authority empowered by the FIM to control European motorcycling sport activities organized under its jurisdiction throughout Europe. The aims of FIM Europe are to develop and promote all forms of motorcycling in Europe as well as the co-operation and friendship between its members, and notably: to examine all questions related to the development of motorcycling in Europe; to organize European Championships and to establish all competitions that appear beneficial subject to the prior approval of the FIM; to co-operate with the FIM in all matters relating to the organization of international events and motorcycling in general; to organize camps and seminars for riders, officials, coaches and administrators of various European FMNs; to support the creation and development of motorcycling activities in all European countries; to promote the co-operation among all European FMNs; to promote motorcycling among young people, both as sport and motorcycling in general; to encourage the use of motorcycles in European countries and to develop motorcycle tourism; to represent the interests of motorcyclists before European authorities; to promote in the media the sport of motorcycling and the use of motorcycles in all of Europe.

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