



Press Release

Updates on FIM Europe Weight Training Workshop (Graz, AUT 15th-16th February 2014)

As announced in press release 01/2014, FIM Europe has organized a Workshop on Weight Training for motorcycling riders, addressed to the Trainers of the FIM Europe FMNs. This project benefits of the FIM subsidy for its realization.

The necessity to offer an updating on the theme of the training on strength to European Trainers working with riders, through the weight training, has created the opportunity of a synergy between FIM Europe and European Weightlifting Federation, which will put at disposal of the participants, as teacher, the Irish Colin Buckley, Coach Educator and Member of the EWF Executive Board, who is an expert also in motorcycling.

The 47 FMNs of the FIM Europe have received the invitation to join the Workshop with one of their own Trainers, having organized this event without foreseeing any other expenditure for the participants than the travel one. In fact all expenses for participation, accommodation and meals will be completely free of charge for them.

The 15 places available have been almost completely assigned, with the participation of 14 Trainers coming from 8 European Countries (Finland, Germany, Greece, Hungary, Italy, Lithuania, Serbia and Slovenia).

Twelve hours of lessons are foreseen on the two days, at the end of which all participants will receive a certificate of attendance issued by the FIM Europe and the EWF.

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