FIM Europe Motocross Training Camp and introduction of the 2013 Honda 150 4S European Championship

On the 23-24 July, a Motocross Training Camp has taken place at the circuit of Lausitzring (Germany), in collaboration between the FIM Europe and the Honda Motor Europe. The young riders, between 11-14 years, coming from different Countries, have been subjected by a FIM Europe staff to all a series of medical, psychological and physical tests and they had occasion to acquaint themselves with the new bikes Honda CRF150Rs.

In particular the FIM Europe staff, composed by Mr Alessandro Sambuco (Secretary General), Ms Paola Bianchetti (Sporting Department), Mr Fabrizio Paris (Sports Psychologist), Mr Fabrizio Bernardini (Delos Expert) and Mr Marco Infusino (Trainer), executed the following evaluations:

- Physical: strength endurance, agility, core stability

- Psychological: competitive behavior

- Balance: evaluation through Delos system

- Medical: body composition (BMI)

At the end of the stage, 17 riders were selected to participate to the EMX 150 cc. 4 stroke European Championship with motorcycles put at disposal completely free of charge by the Honda Motor Europe. The young riders will have the opportunity to ride the 1st event of the Honda EMX 150cc 4 stroke EC, which will take place this weekend on the same circuit of Lausitzring, jointly with the World Motocross Championship.

Through the three events foreseen for this Championship, managed by Racedays Promotion, the riders will battle it out for the ultimate prize of a ride in the Gariboldi Honda squad in 2014 in the EMX250 Championship.

See in the following page some pictures of the Motocross training camp, for more pictures <u>click here</u>

Press Release nr 106/2013 FIM Europe - UEM 26/07/2013

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